

Patients' Knowledge: The Use Of Captopril In The Treatment Of Hypertention Disease In Age 30 -60 Years At The Suai Health Center, Village The Municipality Of Covalima [2024].

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ABSTRACT

Introduction: Hypertension is a health problem in all parts of the world and as one of the main risk factors for cardiovascular diseases. Hypertension is also called as a non-communicable disease because hypertension is not transmitted from person to person.

Research Objective: To know the level of knowledge of patients the use of drug captopril in the treatment of hypertension diseases in age 30 -60 years in Suai Health Center Village the Municipality of Covalima Timor Leste.

Research Methodology: We use quantitative descriptive method, through the technical approach of sectoral study and technique analyzes data is univariate.

Results Discussion: The results of this research were about the level of knowledge of patients about the use of captopril drugs for patients with hypertension at the Suai Vila Health Center. The results of this research are divided into (2) parts as general and specific data. It shows that the level of knowledge knowing, the highest percentage is the level of knowledge of the category sufficient with a percentage of 37 (79%), is the level of knowledge and the lowest category less with a percentage of 6 (8%). Based on the results, the level of knowledge that they understand about the use of captopril drugs for the patient with the highest percentage of higher is the level of knowledge of the category sufficient with a percentage of 34 (47%). The lowest percentage is the level of knowledge in the category less than 9 (13%), cited by (Tilman CB., 2024).

Conclusion: patients' level of knowledge the use of captopril drug in the treatment of hypertension diseases at age 30 -60 years in Village Health Center the Municipality of Suai Covalima Timor-Leste the approximately are sufficient real situation cited by [Tilman CB., 2024].

Key words: Knowledge, Hypertension, Medications and Captopril.

INTRODUCTION

Hypertension is a health problem in all parts of the world and as one of the main risk factors for cardiovascular diseases. Hypertension is also called as a non-communicable disease because hypertension is not transmitted from person to person is clearly not the same direct contamination.

Globally, hypertension is one of the most serious problems in the world. However, according to the World Health Organization (WHO, 2018) it is estimated that 7.5, or 12.8% of the mortality outbreak, and it is estimated that by 2025 thousand adults will have had the disease, with Africa prevailing 46% of hypertension in the world and less than 35% in America. The World Health Organization (WHO, 2021) also reports that developed countries have low pressures in the extreme developing country with increasing prevalence. The current hypertension disease with temporary duration will cause complications such as heart disease, thrombosis, kidney and green failures according the guidelines standard mentioned (WHO, 2021; Tilman CB., 2024).

The prevalence of hypertension in the Soutl-East Asia Region is 37% and causes the mortality of almost 1,500 people per year. The prevalence of hypertension in the Soutl-East Asia Region is 37% and causes the mortality of almost 1,500 people per year. According to data from Asia 2016, in the countries Indonesia data prevensia had 25.8% of hypertension, the data show more than 30% in Asia, in Bangka Belitung, and the data are the lowest in Papua 16.8%. (WHO, 2017). Hypertension is a common problem in the Soutl-East Asia Region and is the leading cause of cardiovascular dis-

ease. To do this, it is necessary to adapt adult clients to the treatment and prevention of these hypertension diseases. Obesite has become the first factor of hypertension in the Soutl-East Asia Region, making the descent of obesity help reduce the disease in the future (WHO, 2019). National data collected by the WHO researcher (2022), in Timor Leste the mortality rate due to hypertension reached 156 (2.21%) of the total deaths, the mortality rate by age category was 24.12 per 100,000 (per hundred thousand) of the population of Timor Leste and is in the world ranking. 60 meningeal diseases due to hypertension. According to data from the Ministry of Health of Timor-Leste, division of non-communicable diseases, hypertension in 2021 was 11,646 cases in 2022 from January to December there were 4,477 cases and the fundamental report mentioned cited by (Ministry of Health TL, 2023; Tilman CB., 2024).

The national Captopril drug data was consumed in 2021 with 2,720,025 tablets and in 2022 were 3,223,267 and a total of 5,943,292. tablets used. The data were collected by the Ministry of Health through the National Directorate of Pharmacy of Dili, on August 23, 2023 (MSDNFM, 2023). The local data of Captopril drugs were consumed in 2021 with 3,974 tablets and in 2022 were 4,269 tablets and in 2023 were 4,028 and a total of 12,271. tablets used. Data were collected from the patient consuming captopril drugs daily at the Suai Vila Health Center 2021 – 2022, January-August, 2023. (CSSV, 2023, cited by Tilman CB., 2024).

Research Objective: To know the level of knowledge of patients about the use of the drug captopril in the treatment of hypertension diseases

in age 30 -60 years in Suai Health Center Village of the Municipality of Suai Covalima Timor-Leste.

THEORETICAL FRAMEWORK

The drug captopril entered the Anjiontensin Converting Enzyme Inhibitor (ACEI) group. Accepting Captopril serves as the end of the production of angione hormones. The blood vessel may be normal so that the pressure goes down, the supply of oxygen in the heart increases significantly. The first captopriis drugs treat diseases of high blood pressure or high blood pressure and can be used alone and combined with other anti-hypertension drugs (Swari, 2017, cited by Tilman CB., 2024).

1. Accepting medicines that work in a straight way: e.g. Captopril
2. Pro- pharmacist that the drugs are not right or inactive: e.g. enalapril, perindopril, ramipril, benazepril, and fisinopril.
3. Hypertension

According to the Lanni (2010 cited by Tilman CB., 2024) Hypertension diseases are true that result in blood vessels that happened from the proliferation of O2 and nutrition that carry in the intucated blood up to the precious tissue. Hypertension is often referred to as a murder and sillent killer, since the sufferers are also mortally deceased and related to the signs that are the victims' memory. Hypertension is one of the deadliest diseases of human life, with a higher risk because it can cause complications from the disease in older people. Hypertension is the highest blood pressure in the human body, when systolic and diaspora pressure pass normal limits. (Comang Erdwin Wicaksana, 2018).

Hypertension is a systolic condition elevated to 120 mmHg and blood pressure higher than 80 mmHg. Blood pressure, which lasts for a longer

time, can destroy, along with kidneys, hearts, and brains, other organs. (Iria Noviana, 2016). Hypertension or blood pressure is a disease that, in large part, is due to the increase in blood pressure in the blood vessel, which causes people's hearts to smoke as quickly as possible with blood in all bodies according to the results (Tim Bumi Medica, 2019; Tilman CB., 2024). According to the Joint National Committee (JNC), in 2019, the classification of hypertension is as follows:

Table 1. Classification of hypertension

Blood Pressure Rating Abstemi-ous Strongly	Systolic blood pres-ure (mmHg)	Diastolic blood pres-ure (mmHg)
Normal	<120 AM	< 80
Prehypertension	120-139	80-89
Level 1 hyperten-sion	140-159	90-99
Level 2 hyperten-sion	>160 years	100

The etiology or causes of hypertension are divided into two groups:

1. Essential hypertension or pathology (first su-pertension) shows that the causes are still un-known, an essential hypertension of conditions not curable but just controllable.
2. Secondary hypertension indicates that the spe-cific causes have been detected and patients have been caused by (secular hypertension), doctors will be able to monitor or diagnose pa-tients (Suhadi, 2013; cited by Tilman CB., 2024).

Multi factors with primary hypertension are:

1. Coverage of the renin-angiotensteron system, natriuretic hormone, and hyperinsulinemia is not normal.
2. Problems of pathology in the nerve center of the otonom capillary, plasma volume and arte-rial constriction.

3. Natrium is strongly increased and increases the circulation of natriutetica harmonies that transport an intracellular natrium, producing and increasing vascular reactivites and blood pressures.

4. Increase the concentration of calcium intraceluler, and alter asscular, lighter muscle functions and increase peripheral vascular resistance International Standard Operational (ISO Pharmacotherapy, 2018).

The risk factors for hypertension divided into two groups are the risk factor for hypertension that can be changed and there are also risk factors for hypertension that cannot be changed, the continuation in the standard operational cited by (Tim Bumi Medika, 2019; Tilman CB., 2024).

Risk factors for hypertension should not be changed

Age:

Age is one of the factors that has great consequences in finding hypertension or high blood pressure diseases that do not change. Age usually increases in which cases of hypertension also increase and we will continuation of treatment standard medications cited by (Triyanto, 2014; Tilman CB., 2024)

Sex

Sex is one of the factors that is causing the consequences of suffering from diseases, hypertension that cannot be changed or have to suffer. In this sense, most men face this disease compared to women. at a time when there are alleged men who achieve an unhealthy lifestyle compared to women.but that hypertension diseases prevail in women after their monopause age. It should be recalled that there have been changes in the hormonal in which women are found and then go into monopause.

Genetics

The consequences of this hypertension and tension are greater with family members of close neighbors suffering from or attacking tension diseases. In this sense, the generation factors are also related to the metabolism of salt form (NaCl) and the renuncia-tion of cell membranes. Hence, the factor has marked consequences on tensions, which can minimize or eliminate through obeseness, the smoking tone, smoking, the consumption of alcohol and coffee, the consumption of salt, long-standing, and the balance in the hormonal system to be functions cited by. (Tim Bumi Medika, 2019; Tilman CB., 2024).

Risk Factors Can Change for Hypertension

Obesity:

Obesitas has been known to supply hypertension and potential denegueta diseases such as strokes and heart attack diseases that is the key point cited by. (Tim Bumi Medika, 2019; Tilman CB.,2024).

Smoke:

Smoking is one of the factors associated with hypertension, so smoking is continuous. Cigarette smoke can cause nicotins to be absorbed by blood vessels in the lower lungs and then carried to the brain. In the nicotinal brain, the adrenal glands are signaled to abandon and extract epinephrines or adrenalines, which give a small blood vessel and force the heart to work more closely in the face of high arterial pressure in human body cited by (Tim Bumi Medika, 2019; Tilman CB., 2024).

Alcohol consumption

Alcohol or wine are also one of the factors that have great consequences for sowing hypertension or stroke diseases to strong-headed symptoms. Thought has an impact on the red blood cells in our bodies, which cause the bodies to clot and ultimate-

ly give rise to tension process bodies indicated (Tim Bumi Medika, 2019; Tilman CB., 2024).

Consume more salt

Salt consumption is largely caused by hypertension. The subject refers to salt (NaCl), here very sodium and they can attract blood out of the cells and even remove it to happen to the dead cells of the body. This problem is the increase in blood volume.

Stress (suffering) more aspects:

Suffering or too many ideas are serious consequences of a serious stress disorder. The occurrence of hypertension diseases is very dangerous for those who have their own problems with others until the person suffers from tension disorders. People are on an equal footing; Stutterers, fear, patience, upset and feel with a mistake of action and that the heart can suffer a serious illness of tension in body of human (Tim Bumi Medika, 2019; Tilman CB., 2024).

The most well-known hypertension in the Lingues World is that "*silent killer*" since a person with hypertension in the primary does not give any sign, if the blood pressure is taken to physical tests in clinics to understand the hypertension of the patients. The diagnosis of minimal hypertension two times should be made regularly in the clinic to know the results of arterial hypertension or through the numbers identified by the classification of arterial hypertension way and more understanding of the conditions in human being cited by (Tomashi, 2019; Tilman CB., 2024). In addition to non-pharmacological forms of treatment, the first treatment of hypertension from drugs is the first. The decision to launch antihypertensive drugs is based on factors such as high arterial pressure, damage

worthy of some organs, clinical manifestations of cardiovascular disease, or other risk factors. The treatment of hypertension as the treatment is long, it can be treated throughout life. Pharmacology therapies are the same:

Diuretic class

Diuretic thiazide is usually a primary treatment drug for patients with hypertension. Diuretics helps the kidneys draw out salt and water, which reduces the volume of fluid throughout the body while lowering artery pressure. Dilution can also be done in blood vessels. Diuretics is more effective than increasing black skin, age, heart failure patients, and kidney pain.

ACE-inhibitor

Dilate arteries. The drug is even more effective by donating it: the patients who were piled up, at the ages of the young, the cardiac influences, the patients with diabetic proteinuria.

Angitenci-II-blocker

Angiotensin-II-blocker lowers arterial pressure with a mechanism similar to that of Angiotensin Converting Enzyme (ACE)-inhibitor.

Antagonistic football

Antagonis calcitated dilation of blood vessels with different mechanisms. The most effective are the data for whom black skin, with increased age, patient's angina pectoris (eye cuts), faster heart rates, headaches in the process of treatment.

Vasodilator

Vasodilator directly dilated blood vessels. Drugs in this group are almost always used additionally against other forms of antihypertension that exist in medical treatment based on guidelines.

RESEARCH METHODOLOGY

We use quantitative descriptive method, through the technical approach of sectoral study or Cross-Sectional study and technique analyzes data is univariate. Samples of this research totaled prescriptions with (72) captopril drugs obtained through sloven formulations. We use technical data collection directly descended from local search data to primary data collection and questionnaire. The technical sample was used for the Non probability sampling in an accidental sampling and analysis using the SPSS (Statistical Package for the Social Sciences) computer program version 22.

RESULTS OR FINDING:

Table 4.1 Frequency distribution according to respondent characteristics based on gender.

No	Sex	F	%
1	Male	22	31
2	Female	50	69
Total		72	100

Table 4.2 Frequency distribution according to respondent characteristics based on age.

No	Age	F	%
1	30-35	19	26
2	35-45	39	54
3	45-50	5	7
4	50-60	9	13
Total		72	100

Table 4.3 Frequency distribution of respondent characteristics based on profession level.

No	Profession.	Frequency	%
1	Civil servant	13	18
2	Service	12	17
3	Farmer	7	10
4	Housewife	29	40
5	Students	11	15
Total		72	100

Table 4.4 Types of Knowledge Level for the Use of Captopril Drugs for Hypertension at the Suai Village Health Center of the Municipality of Covalima Timor-Leste.

No	Category Knowledge	Frequency	%
1	Good	29	40
2	Enough	37	51
3	Less	6	8
Total		72	100

Based on the table above, it shows that the level of knowledge **knowing**, the highest percentage is the Knowledge Level of the category **sufficient** with a percentage of 37 (79%), the table further shows that the lowest percentage is the level of Knowledge and the lowest category **less** with a percentage of 6 (8%).

Table 4.5 Type of Knowledge Level Understanding of the Use of Captopril Drugs for Hypertension at the Suai Village Health Center.

No	Category Knowledge	Frequency	%
1	Good	29	40
2	Enough	34	47
3	Less	9	13
Total		72	100

Based on the search results in the table above, the level of knowledge that they understand about the use of captopril drugs for the patient with the highest percentage of the highest is the level of **knowledge** of the category sufficient with a percentage of 34 (47%). The lowest percentage is the level of knowledge in the lower category with 9 (13%), cited by (Tilman CB., 2024).

DISCUSSION

Based on the age results, the majority of respondents from the 35 - 45 age groups 39 (54%) and a minority from the 45 - 50 age groups (7%). According to Budi, 2015 states that from the age of 18, hypertension can be a risk. As age increases, it may be less than its elasticity. When the blood

pump heals throughout the body it can increase, affecting blood pressure as well. According to the writer, increasing the age of a person's knowledge and experience also increases the improvement of hypertension and being able to have a better view of treatment when they have hypertension.

Based on the above-mentioned findings, the majority of respondents were housewives 29 (40%) and a minority of farmers 7 (10%). Poor work is done to meet people, especially in family life. Working is not a source of joy, but most of them, like the search for self-esteem, continue to face many obstacles. It starts to be enough; the level of maturity and strength of the person starts to be more mature, the age of each person starts to age, then the mentality of the developmental process increases well, but the age of the person who ends up increasing the mental development process is faster than the age of the young person.

1. In the discussion, the results of the research will be explained based on the following variables: to know and understand the patient's knowledge about the use of captopril drugs for patients with hypertension at the Suai Village Health Center, according to the results obtained at the research site are as follows. Knowledge-level data based on the level of knowledge about the use of captopril drugs in patients with hypertension at the Suai Village Health Center. Based on the above findings, the majority of the respondent had 72 respondents at the Suai Village Health Center. The majority of the interview had a sufficient percentage of 37 (51%), while the majority had less than 6 (8%) knowledge. The knowledge that results from this knowledge and reanimation are detected through the meanings of the human body, such

as: seeing (seeing), hearing (hearing), feeling (spanking), holding (indulgence), and day (smell). Second Fryanti (2015) stated that knowledge is usually derived from experiences that come from diverse sources, such as mass media, electronic media, personal books. To help strengthen one's belief in something so that the person's actions are in line with your knowledge and belief.

2. Knowledge about the level of **understanding** of the use of captopril drugs at Suai Vila Health Center. Based on the above findings, the majority of the respondent had 72 based on their understanding at the Suai Health Center, the majority had sufficient knowledge with 34 (47%) and the majority had less knowledge with 9 (13%). According to Notoamodjo (2018), comprehension is the same as giving an explanation of the right things about the object that is known and being interpreted the right things that are understood to clarify and mention a certain subject or subject. For example, remove the completion and predict the object.

CONCLUSION

It lists the main aspects of the research phase of the project, with the beginning and end of the project's development period. Based on the results of the research and discussion discussed on the topic of patients' level of knowledge the use of captopril drug in the treatment of hypertension diseases in age 30 -60 years in Suai Village Health Center of the Municipality of Covalima, as follows;

Level of knowledge

The patient's level of knowledge is mainly known for the use of captopril sheets for the treatment of patients with hypertension, mainly in the sufficient category of percentage known as 37 (51%) and less

than 6 (10%).

Level Comprehension

The patient's level of knowledge, especially the understanding of the use of captopril medication for the treatment of patients with hypertension, is mostly in the sufficient category by the percentage of sufficient comprehension 34 (47%) and less than 9 (13%), based on research results cited by (Tilman CB., 2024).

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