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# CHORIONAMNIONITIS, CHRONIC HYPOXIA, AND PATHOPHYSIOLOGICAL PRINCI-PLES OF CARDIOTOCOGRAPHY

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### **ABSTRACT**

The presence of severe antenatal hypoxia is common and in this case the fetus shows CTG abnormalities. Although many fetuses with cerebral hypoxic ischemic insults arising in the antenatal period may not demonstrate uniform CTG anomalies, nevertheless on the birth test some well-defined CTG characteristics can be identified that may appear in the subsequent intrapartum period.

The peculiar CTG pattern in this situation, with fetuses with pre-existing hypoxia or neurological damage, is characterized by a fixed and relatively non-variable baseline, with reduced or absent variability that does not demonstrate the presence of fetal cyclic activity. Sometimes a tachycardia may be present, usually much higher than 160 bpm, especially if the hypoxic insult is recent. In the case of a hypoxic insult with a more distant onset, however, the baseline appears normal (110-160 bpm). Contrary to the three CTG pictures mentioned above, associated with hypoxia that begins and evolves during labor, this CTG picture constitutes the demonstration of the presence of a stable encephalopathy that cannot be modified by any obstetric intervention, even aggressive ones. If the fetus suffers a further hypoxic insult after such damage or develops intrapartum hypoxemia during labor, decelerations in the fetal heart rate may appear in response to uterine contractions. These appear to have the characteristic of appearing small and superficial. In the absence of acidemia, the CTG does not show the presence of decelerations despite the brain damage. At birth, these children show an increase in red blood cells, a lengthening of the elimination time of erythrocytes, which suggests the possibility of antenatal hypoxic damage with the presence of multi-organ dysfunction, delayed onset of convulsions, damage to the cerebral cortex, presence of long-standing meconium-stained amniotic fluid, meconium aspiration syndrome, and pulmonary hypertension. In this situation there are many fetuses who present an IUGR, who may more easily develop acidemia and show a short-lived bradycardia with a rapid return of the fetal heart rate to baseline after having suffered the acute hypoxemic insult and a tachycardia with return to baseline for

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increased sympathetic tone. An amniotized chorion can lead to generalized fetal inflammation, called Fetal Systemic Inflammatory Response Syndrome, which is produced, in part, by endothelial damage. This syndrome is associated with hypotension, neonatal seizures, mechanical ventilation of the newborn, meconium aspiration syndrome, multiple organ dysfunction, low APGAR at birth, neonatal depression, neonatal hypoxic ischemic encephalopathy, intraventricular hemorrhage with white matter damage, periventricular leukomalacia, bronchodysplasia pulmonary and cerebral palsy. Unfortunately, we do not have effective tools to diagnose these fetuses at risk of encephalopathy and infectious brain damage. CTG monitoring has low sensitivity in the detection of fetal systemic inflammatory response syndrome, placental inflammation or neonatal sepsis. When the infectious disease occurs isolated or associated with hypoxia, the following may be present: tachycardia, reduced variability, absence of fetal cyclic activity. However, none of these frameworks appear specific. Fetal tachycardia may be present without decelerations, and it seems that in such cases fetuses subject to infectious and/or inflammatory processes are more susceptible to even minimal hypoxic insults. In many cases the symptoms of infection and/or inflammation are not evident and the CTG pictures are non-specific. It appears important first to maintain a high level of suspicion and be aware that there are no reliable and predictive tools for diagnosing damage in an infected fetus. Although there is no evidence that cesarean section, in such cases of suspected or proven intrauterine infection with an uncertain temporal determination of fetal damage, is advantageous, however, especially if risk factors such as stained amniotic fluid, fever, CTG anomalies are present, IUGR, antepartum hemorrhage, it seems appropriate to resort to this operation and extract the fetus. In the case of fetal infection, it is necessary to avoid that intrapartum factors (prolonged labor, reckless use of oxytocin and uterine hyperstimulation, particularly traumatic vaginal operative birth) can aggravate the risk of brain damage. In such cases it is also necessary to avoid resorting to misleading means such as taking blood from the fetal scalp, STAN.

**Keywords:** Cardiotocograph; Chorioamnionitis; Cycling; Funisitis; Overshoots; Sinusoidal pattern; Zig Zag pattern.

### Introduction

verse outcomes. Maternal complications can be [1, 2]. highly variable, including postpartum hemorrhage risk of low Apgar scores at 5 minutes, neonatal cardia (FCF > 160 bpm), uterine pain, amniotic

convulsions, neonatal sepsis, bronchopulmonary Chorionamnionitis represents the most common dysplasia, intraventricular hemorrhage, periventricinfectious complication during labor and delivery, ular leukomalacia, need for mechanical ventilation, affecting up to 6% of all pregnancies. This syn- admission to the neonatal intensive care unit, and drome places both mother and fetus at risk for ad- long-term infectious morbidity to neonatal death

secondary to uterine atony, uterine rupture, urgent Traditionally, clinical chorionamnionositis is diaghysterectomy, endometritis, pelvic abscess, septic nosed by the presence of maternal fever (defined pelvic thrombophlebitis, sepsis, and intensive care by a body temperature  $\geq 37.8^{\circ}$ C or  $\geq 38.0^{\circ}$ C) and unit admission. Infants from mothers with a diag- two or more of the following five clinical signs: nosis of clinical chorionamnionitis are at increased maternal tachycardia (HR > 100 bpm), fetal tachyfluid or purulent or foul-smelling vaginal dis- unit admission. Infants from mothers with a diagcharge, and maternal leukocytosis (GB > 15000/ nosis of clinical chorionamnionitis are at increased mm3) [3]. Most cases of clinical chorionamnionitis risk of low Apgar scores at 5 minutes, neonatal are diagnosed in the intrapartum period (about convulsions, neonatal sepsis, bronchopulmonary 85%) [1].

onamnionitis are: Ureaplasma urealyticum, Gard- [1, 2]. nerella vaginalis, Mycoplasma hominis, Streptomicroorganisms during an invasive prenatal diag- mm3) [3]. Most cases of clinical chorionamnionitis nostic procedure.

The literature has shown that the diagnostic accuralisted below:

highly variable, including postpartum hemorrhage nostic procedure. secondary to uterine atony, uterine rupture, urgent hysterectomy, endometritis, pelvic abscess, septic The literature has shown that the diagnostic accura-

dysplasia, intraventricular hemorrhage, periventricular leukomalacia, need for mechanical ventilation, The most frequently identified microorganisms in admission to the neonatal intensive care unit, and the amniotic fluid of patients with clinical chori- long-term infectious morbidity to neonatal death

coccus agalactiae, Lactobacillus species, and Bac- Traditionally, clinical chorionamnionositis is diagteroides species. Ascending microbial invasion rep- nosed by the presence of maternal fever (defined resents the most frequent pathogenesis. However, by a body temperature  $\ge 37.8^{\circ}\text{C}$  or  $\ge 38.0^{\circ}\text{C}$ ) and alternative pathogenesis has also been proposed, two or more of the following five clinical signs: such as hematogenous dissemination of microor- maternal tachycardia (HR > 100 bpm), fetal tachyganisms from the oral cavity or intestine, retro- cardia (FCF > 160 bpm), uterine pain, amniotic grade invasion from the peritoneal cavity through fluid or purulent or foul-smelling vaginal disthe Fallopian tubes, and accidental introduction of charge, and maternal leukocytosis (GB > 15000/ are diagnosed in the intrapartum period (about 85%) [1].

cy of Gibbs' criteria is about 50 percent, this indi- The most frequently identified microorganisms in cating the existence of several clinical conditions the amniotic fluid of patients with clinical choricharacterized by fetal and/or maternal infection onamnionitis are: Ureaplasma urealyticum, Gardand/or inflammation. A recent expert review clari- nerella vaginalis, Mycoplasma hominis, Streptofied the concepts by providing the various defini- coccus agalactiae, Lactobacillus species, and Bactions for these clinical conditions [4], which are teroides species. Ascending microbial invasion represents the most frequent pathogenesis. However, alternative pathogenesis has also been proposed, Chorionamnionitis represents the most common such as hematogenous dissemination of microorinfectious complication during labor and delivery, ganisms from the oral cavity or intestine, retroaffecting up to 6% of all pregnancies. This syn- grade invasion from the peritoneal cavity through drome places both mother and fetus at risk for ad- the Fallopian tubes, and accidental introduction of verse outcomes. Maternal complications can be microorganisms during an invasive prenatal diag-

pelvic thrombophlebitis, sepsis, and intensive care cy of Gibbs' criteria is about 50 percent, this indi-

cating the existence of several clinical conditions • characterized by fetal and/or maternal infection and/or inflammation. A recent expert review clarified the concepts by providing the various definitions for these clinical conditions [4], which are listed below:

- response.
- tors (e.g., interleukin-6) or matrix metallo- birth-analgesia especially in Western countries. proteinases (MMP8).
- ty and intra-amniotic inflammation.
- by the presence of microorganisms.
- pression of maternal response.
- predominant cells.

Chronic chorioionamnionositis is characterized by the infiltration of lymphocytes, plasma cells, and macrophages and usually occurs at the time when infectious agents such as viral agents are present.

# Maternal epidural analgesia fever

Microbial invasion, which is the presence of Approximately 20 percent of patients diagnosed microorganisms in amniotic fluid diagnosed by with chorionamnionitis at term have no evidence of culture or molecular techniques on amniotic intra-amniotic infection on analysis of fluid obfluid taken by amniocentesis. This condition tained by amniocentesis, even though blood condoes not refer to the presence of inflammatory centrations of cytokines are like those of patients with documented intra-amniotic infection [5]. The Intra-amniotic inflammation, i.e., presence of question that follows is what the origin of this sysinflammatory response in the amniotic cavity, temic inflammatory response is. One possible anwhich can be diagnosed by observation of in- swer is that many of these cases represent episodes flammatory cells (e.g., neutrophils) or in- of epidural-induced fever, an increasingly common creased concentration of inflammatory media- occurrence given women's high use of this type of

Intra-amniotic infection, which is the combina- Considering that the epidural confers a 5-fold intion of microbial invasion of the amniotic cavi- creased risk of fever compared with the population of pregnant women who do not use it, what might Sterile intra-amniotic inflammation when intra- suggest a possible anesthesiologic origin of materamniotic inflammation results unaccompanied nal fever is the rise in maternal body temperature within 4-6 hours after epidural catheter placement. Acute histologic chorioamnionomyositis refers Maternal epidural fever is a unique phenomenon to the presence of neutrophils in the amnio- observed in pregnant women in term labor, which, chorionic membranes or chorionic plate, an ex- for example, is rarely observed when epidural is performed outside of labor. Increasing evidence Funisitis or chorionic vasculitis, on the other suggests that such fever is inflammatory in nature. hand, indicates inflammation of the umbilical In fact, it has been shown that compared with funiculus and fetal vessels in the context of the women without epidurals, women with epidurals chorionic plate and is representative of fetal have an increased serum concentration of IL-6. In response. In any case, the term "acute histolog- addition, the longer the duration of epidural analgeic chorionamnionositis" refers to a specific in- sia the higher the concentration of IL-6 in maternal flammatory lesion in which neutrophils are the blood [6]. One possible explanation for the etiopathogenesis of such fever could be attributable to the use of local anesthetics, such as ropivacaine or

tosis of endothelial cells resulting in the release of [9]. mediators known as DAMPs (damage-associated parturition-analgesia [7].

# fetal infection/inflammation

neurons and oligodendrocytes during the process fusion of the brain, heart, and adrenals. of active myelination. When fetal inflammation mediators exacerbate brain damage [8].

microglia cells, which in turn release inflammatory thus promoting cellular damage. and cytotoxic mediators, resulting in exacerbation of brain damage. Specifically, exposure to perina- The clinical counterparts on the fetal encephalon

bupivacaine. Indeed, they could induce systemic apoptosis of pre-myelinating oligodendrocytes. inflammation after absorption through the epidural After apoptosis, the early precursors of oligodenvascular network, which, moreover, is modified in drocytes, which had withstood the initial insult, pregnancy. It has been hypothesized that anesthetic proliferate more briskly; however, as they fail to diffusion occurs more readily in pregnant patients complete maturation, they are unable to produce than in nonpregnant patients because of caval com- myelin. This results in increased susceptibility of pression by the gravid uterus, resulting in conges- the white matter to subsequent insults. Microglia tion of the epidural venous plexus and reduced lo- cells play a central role in this process, as they recal free space. In contrast, a recent in vitro study lease reactive oxygen species and excess glutahas shown how ropivacaine is able to induce apop- mate, all of which are cell-damaging components

molecular patterns) capable in turn of eliciting the Inflammation is a known worsening factor in the production of pyrogenic cytokines IL-1β and IL-6, vulnerability of the fetal brain during labor and dewhich could be a cause of maternal fever following livery. When the blood supply is limited, as during labor, the fetus tries to meet its metabolic needs by saturating hemoglobin with greater amounts of ox-Pathogenetic mechanisms of brain damage in ygen, conveying the blood supply to organs at greater risk of hypoxic insult, and limiting oxygen Infection in the fetus stimulates an immune reac- consumption. Thus, there is a slowing of the fetal tion, known as fetal inflammatory response syn- heart rate, with increased myocardial oxygen exdrome (FIRS), which can result in brain damage traction, and an increase in filling time in diastole through various mechanisms. The major increase resulting in greater telediastolic volume. This rein pro-inflammatory cytokines and interleukins can sults in an increase in cardiac output, blood presexert direct damage through induction of neuronal sure, and redistribution of blood flow secondary to apoptosis, or by disrupting the differentiation of peripheral vasoconstriction leading to elective per-

and/or infection occurs, the integrity of the blood- Subsequently, the hypoxic-ischemic insult is folbrain barrier is compromised, with increased per- lowed by reperfusion of brain tissue, with a transimeability to inflammatory cells generated in pe- ent resumption of cellular metabolic functions. The ripheral tissues and other cytotoxic proteins. Such moment the fetus also suffers an infectious-type insult, the storm of inflammatory mediators easily extends to the fetal brain, which represents a dis-Pro-inflammatory cytokines in FIRS can activate trict subject to vasodilation by elective perfusion,

tal infection and inflammatory cytokines results in are heterogeneous; moreover, their severity de-

pends on the degree of fetal prematurity. They may ary to the release of inflammatory mediators which be [9]:

- Hypoxic-ischemic encephalopathy
- Intraventricular hemorrhage
- Periventricular leukomalacia
- Perinatal strokes
- Cerebral palsy

In addition, infection in the fetus can also result after birth in meconial aspiration syndrome, bron- As pointed out by other Authors recently, the uniti-organ failure, and even death.

# onitis

Tachycardia Absence of cyclicity Reduced variability Zig zag pattern Uterine tachysystole Reaction to scalp stimulation

### **Increased fetal heart rate**

with a baseline during labor labor increased by late sign of chorionamnionitis. 10%, in the absence of previous signs of hypoxia and maternal hyperpyrexia. Analysis of fetal out- Absence of cyclicity the increase in baseline fetal heart rate is second- normal variability, thus reflecting the transition

is also accompanied by an increase in the rate of fetal metabolism. The increase in baseline heart rate occurs in the absence of previous deceleration, unlike in intrapartum hypoxia, in which the fetus reduces its own heart rate in order to protect the myocardium, and subsequently increases it as a result of catecholamine release.

chopulmonary dysplasia, hypotension, sepsis, mul- versally recognized cut-offs for defining a fetal heart rate as normal could lead the clinician to make the mistake of not recognizing chorionamni-Cardiotocographic patterns in chorionamni- onitis. Considering that an increase in body temperature of 1°C corresponds to an increase in fetal heart rate of about 10%, it is estimated that about half of the infected fetuses at term gestation do not exceed 160 bpm, a cut-off considered still within the normal range. This obviously indicates the inadequacy of the normal range for fetal heart rate proposed by leading obstetrical scientific societies. Moreover, the same study showed that in histologically confirmed cases of chorionamnionitis, the Since most histologic chorionamniosites are not increase in fetal heart rate baseline occurred in the recognizable by clinical examination, some Au- absence of previous decelerations and almost althors attempted to identify cardiotocographic ways before the onset of maternal fever [11]. This (CTG) signs suggestive of chorionamnionitis. Gal- in fact suggests that chorionamnionitis is first and li et al. analyzed 2105 CTG tracings and identified foremost an infection of fetal origin that then 305 cases with an increased fetal heart rate base- spreads to the mother. Therefore, the clinician line compared to the mean by gestational age or should get used to considering maternal fever as a

come showed higher rates of Apgar score < 7 at 1 Cyclicity is considered a fundamental feature of and 5 minutes, low pH in umbilical artery, and ad- the integrity of the autonomic nervous system and mission to neonatal intensive care unit in the group the physiological interaction between the sympaof fetuses with cardiotocographic signs suggestive thetic and parasympathetic nervous systems. It of chorionamnionitis [10]. In chorioionamnionitis, consists of alternating periods with reduced and one of sleep.

The authors of a recent study analyzed 684 CTG and absence of cyclicity. However, about mode of in infection. delivery and umbilical artery pH < 7.05, no differand fetuses without cyclicity [12].

duced during fetal sleep, but if reduced for pro- cographic feature of chorionamnionitis. longed periods (i.e., more than 90 minutes) it could signify neurological depression from other Zig zag pattern causes. The reduced variability at high baselines The zig zag pattern is characterized by an irregular should never suggest a period of sleep, precisely upward and downward fluctuation from baseline because during the normal sleep cycle the heart with an amplitude of 25 bpm and a duration of at rate is normal or even lower in fetuses and infants. least 1 minute. It is distinguished from the jumping Here then, the absence of cyclicity in association pattern, which is instead characterized by a basewith an increased fetal baseline heart rate and ma- line amplitude > 25 bpm lasting longer than 30 ternal hyperpyrexia could depose chorionamni- minutes. In a recent Finnish study, intrapartum onitis.

### **Reduced variability**

from a behavioral state of active wakefulness to es with histologically confirmed chorionamnionitis had persistently reduced variability [10] at CTG tracing.

tracings of single pregnancies with gestational age However, recent evidence shows that during fetal > 36 weeks, fetus in cephalic presentation, and pH compromise variability is subject to dynamic in umbilical artery known. Absence of cyclicity changes. This implies that reduction or suppreswas demonstrated in 5% of cases, and these cases sion of variability is not always a sign of fetal were significantly associated with maternal hyper- compromise, just as an increase, albeit moderate, pyrexia (> 37.8°C) and Apgar score < 7 at the 5th in variability does not automatically mean no fetal minute. In addition, the analysis revealed an asso- compromise [13]. Experimental animal studies ciation between increasing baseline fetal heart rate have explored changes in fetal heart rate variability

ences were found between fetuses with cyclicity In the sheep fetus, administration of high bolus doses of lipopolysaccharide is associated with increased variability and the appearance of mild de-The absence of cyclicity in the presence of quanti- celerations. In contrast, in the experimental model tatively normal variability should suggest the pres- in which chronic administration of small doses of ence of both hypoxic and nonhypoxic causes of lipopolysaccharide was interrupted by the admin-CNS depression. Possible nonhypoxic causes in- istration of high bolus doses, a biphasic pattern of clude metabolic, inflammatory/infectious (e.g., variability was observed, represented first by an encephalitis), drug use (opioids), and structural increase and then by a reduction in variability abnormalities (e.g., brain malformations, fetal in- [14,15]. Therefore, it can be concluded that the farction). Fetal heart rate variability usually is re- reduction in variability is not a specific cardioto-

CTG tracings of 5150 single pregnancies with gestational age greater than 33 weeks were retrospectively analyzed. The zigzag pattern was found in Galli et al recently observed that one third of fetus- 11.3% of cases and only in pregnancies with gestational age greater than 37 weeks. In addition, three Uterine tachysystole term gestational age [16].

up to 11-fold increased ICU admission rate. The chorionamnionitis [18]. zigzag pattern is thought to be due to rapidly evolving hypoxia, which occurs, for example, dur- Reaction to scalp stimulation ing maternal pushing, or with repetitive decelera- The same Authors demonstrated how in most cases tion, the fetus does not have sufficient time to rate to digital scalp stimulation [18]. maintain its heart rate at baseline. At the same time, its sympathetic nervous system tries to in- Summary crease the basal rate in order to get more oxygenat- In summary, CTG features suggestive for choried blood, while the parasympathetic system tries to onamnionitis are as follows: reduce the heart rate in order to decrease the cardi- 1. increased LB > 10% in the absence of previous ac work. Such instability of the fetal autonomic nervous system leads to the zigzag CTG pattern [17].

onamnionitis cases at term gestation confirmed on histological examination. There were 25 cases 4. uterine tachysystole identified clinically and later corroborated by his- 5. absence of reaction to fetal scalp stimulation tology; fetal heart rate baseline increase was found in 100% of cases, loss of cyclicity in 94% of cases, Management zigzag pattern in 70% of cases. This might suggest Standard treatment of chorionamnionitis involves the fetus. Therefore, fetal infection could lead to an patients out of labor. accelerated drop in pH that finally results in the finding of metabolic acidosis at delivery [18].

factors were independently associated with the zig- In the study by Sukumaran et al in which 25 cases zag pattern: male fetal sex, nulliparity and post- of chorionamnionitis were confirmed by histologic examination, tachysystole was observed in 82% of cases. This observation suggests that infection may Other authors demonstrated from retrospective irritate the myometrium through the action of inanalysis of 500 CTG tracings that the zigzag pat- flammatory mediators. Therefore, the presence of tern during the expulsive period correlated signifi- increased frequency of uterine contractions in assocantly with low Apgar scores at 1 and 5 minutes, ciation with the previously described cardiotomild metabolic acidosis in the umbilical artery, and cographic abnormalities increases the suspicion of

tions with oxytocic infusion, or when utero- of certain chorionamnionitis the fetuses lost the placental oxygenation is reduced. In such a condi-ability to respond with acceleration of their heart

- deceleration and often before the onset of maternal fever
- 2. absence of cyclicity (especially if LB increased)
- Sukumaran et al. analyzed CTG tracings of chori- 3. variability abnormalities are not CA-specific (decreased variability and zigzag pattern)

the fact that often, but not always, chorionamni- administration of antibiotics and active manageonitis is associated with a hypoxic condition ment of labor labor by administering oxytocin or brought about by increased metabolic demand for performing amniorexi and induction of labor for

When intra-amniotic infection is suspected or diag-

nostically confirmed, the therapy recommended by mol is usually administered to reduce maternal the ACOG (American College of Obstetricians and body temperature and the fetal tachycardia that Gynecologists) is ampicillin and gentamicin usually accompanies it. (ampicillin 2 g EV every 6 hours and gentamicin 5.g/kg every 24 hours). However, these antibiotics Clinical cases are not effective against Ureaplasma spp or Mycoplasma hominis. These bacteria have no cell wall, so beta-lactams (such as pennicillins and cephalosporins) and glycopeptides such as vancomycin are not effective as antimicrobial agents. Gentamicin is also not effective against Ureaplasma parvum and U. urealyticum. Recently, attention in the literature has focused on the use in chorionamnionitis of triple antibiotic therapy, which includes the following drugs: ceftriaxone, clarithromycin, and metronidazole. Such therapy has proven to be effective in eradicating intra-amaniotic infection by genital mycoplasmas and anaerobic/aerobic bacteria in preterm pregnancies. The rationale for choosing these antiobitics lies in their peculiarities: ceftriaxone has broad coverage for aerobic bacteria and a high rate of transplacental transfer, clarithromycin is effective against genital mycoplasmas, and metronidazole has excellent coverage against anaerobic bacteria [4].

Regarding the use of antipyretics in intrapartum maternal fever, the evidence is unclear. Paraceta-

# Clinical case 1

Primigravida at 25+1 sg, 30 years old, BMI 42, admitted for threatened preterm delivery and suspected chorionamniosite. At the time of tracing, the patient had respiratory distress syndrome (RDS) prophylaxis with corticosteroids and was on tocolytic therapy with Atosiban ev, antibiotic therapy with Ampicillin and Gentamicin ev, and neuroprotection ev with Magnesium Sulfate. Subsequently, due to worsening maternal inflammatory indices and the appearance of maternal fever, it was decided to discontinue tocolytic therapy. There was then vaginal delivery of a live, viable fetus in cephalic presentation, weighing 820 g with Appar of 1.4 and 6 at the first, fifth and tenth minutes of life, respectively, promptly intubated and transferred to the neonatal intensive care unit. Microbiological examination of the placenta was positive for Enterococcus faecalis.

In this case, the CTG is less informative than the overall clinical picture. The contractile pattern is poorly recorded for maternal habitus.



Figure 1: Normal CTG tracing with a baseline (LB) of 150 bpm and preserved variability (ongoing tocolytic, antibiotic and ev neuroprotection therapy)

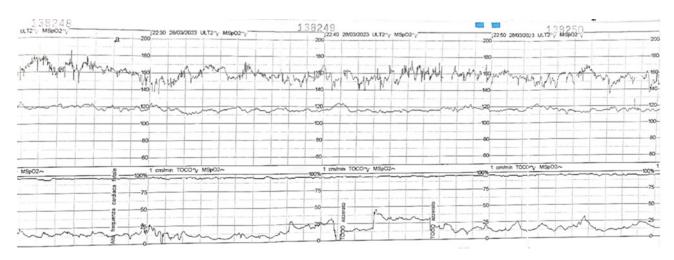


Figure 2: Fetal tachycardia (tocolytic therapy discontinued).

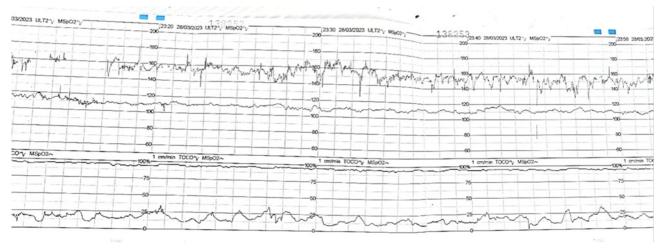


Figure 3: Fetal tachycardia and no cycling when also considering Figure 2

# Case report 2

Secondigravida (previous term cesarean section) at 40+4 sg, 30 years of age, admitted for PROM (with a well-shortened posterior neck, pervious comfortably to 1 finger). Due to presence of intense uterine contractile activity one hour after admission, epidural analgesia was performed. At 8 hours, the patient presented with 3-4 cm cervical dilatation and fever (TC 37.8°C). Cesarean section is performed 4 hours later for CTG alterations and maternal hyperpyrexia. A female fetus is born, weighing 3930 g with Apgar 8 and 9 at the first to fifth minute, respectively. Microbiological examination of the placenta was positive for Mycoplasma hominis.

In this case, the CTG is more informative than the overall clinical picture.

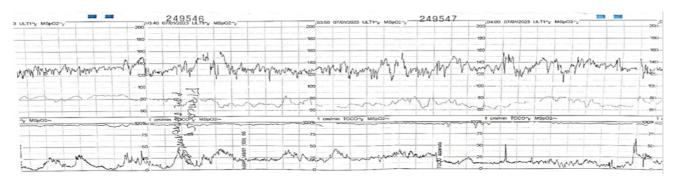


Figure 4: Normal CTG tracing

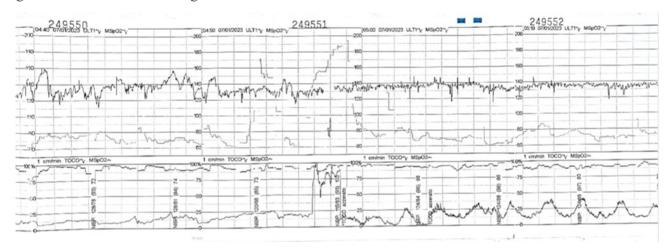


Figure 5: Normal LB (140 bpm), variability preserved, cyclicity preserved, accelerations present, decelerations absent. From 5:00 a.m. there is appearance of spontaneous tachysystole

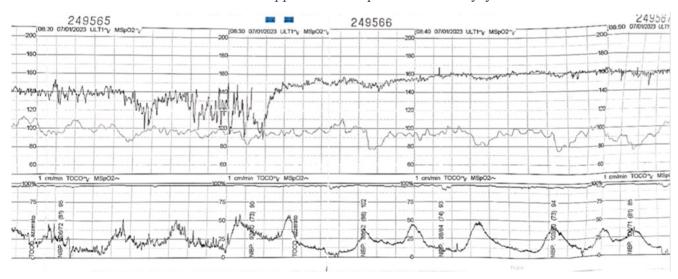


Figure 6: Spontaneous tachysystole persists, fetal tachycardia also appears

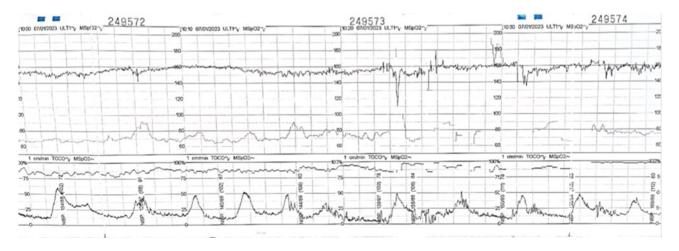


Figure 7: Tachysystole, fetal tachycardia (in the absence of previous decelerations) with reduced variability

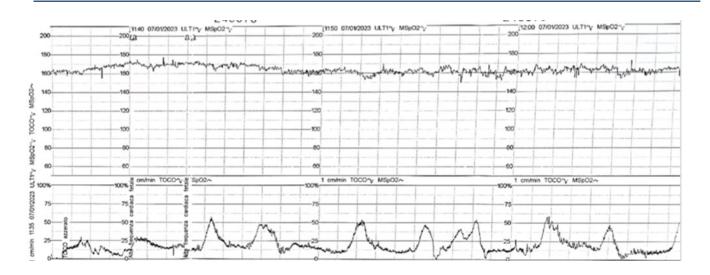


Figure 8: The loss of cyclicality is also confirmed at this point

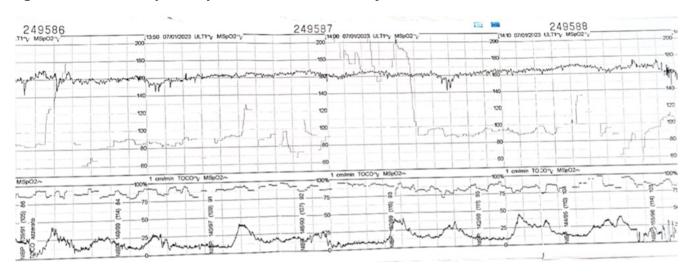


Figure 9: unchanged picture from the previous one (uterine tachysystole, fetal tachycardia, reduced variability, loss of cyclicity)

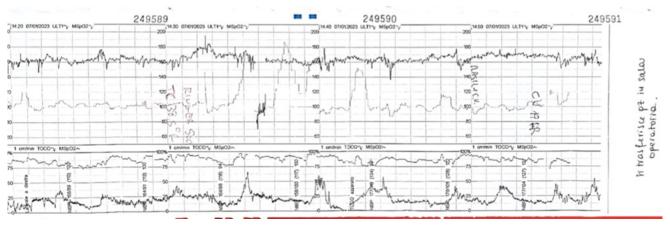


Figure 10: 6-hour CTG tracing with the same features: fetal tachycardia, reduced variability, loss of cyclicity, tachysystole.

# **Clinical Case 3**

Ms. D.L. 35 years old.

Diagnosis on admission: III, II pregnancy at 32+5 weeks amenorrhea. IUGR.

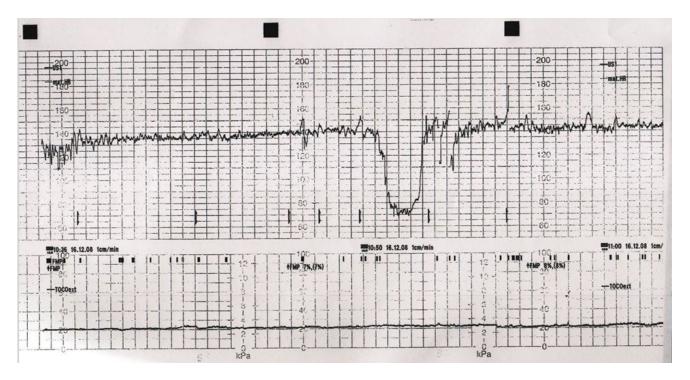


Figure 23.31

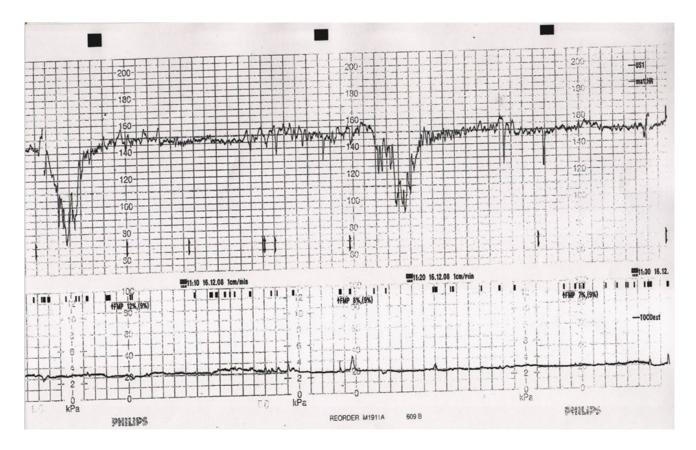


Figure 11

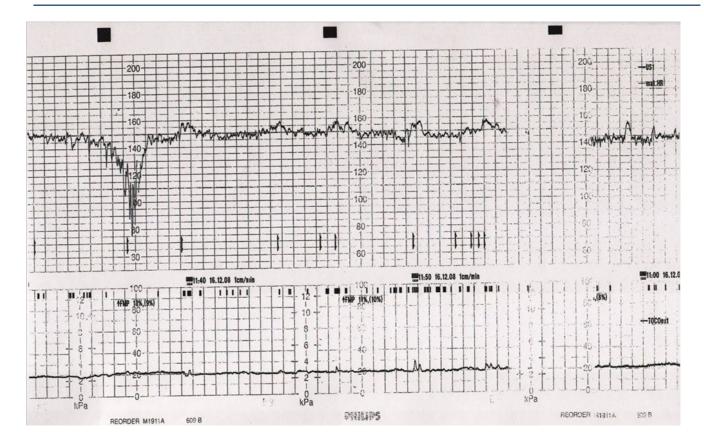


Figure 12

- 10:36 to 11:50 a.m. Figures 23.31-23.33
- CTG: chronic preexisting hypoxia in labor with reduced variability. Absence of atypical variable
  acceleration and deceleration indicative of subacute hypoxic superimposition on a preexisting
  chronic hypoxemic state.
- H 12:00 urgent cesarean section.

### **NEONATE**

Male sex, weight 1250 g

Apgar: 1'-7; 5'-9. Hemogasanalysis

• Artery: pH 7.1; pCO2 66.9 mmHg; pO2 8.5 mmHg; dBase -3.1 mmol/L.



Figure 13 Umbilical cord: length 34cm, maximum diameter 1.2cm, minimum diameter 1cm. Hyperspiralized.

# **Clinical Case 4**

Ms. G.B. Age 33 years.

Diagnosis on admission: I pregnancy at 32 weeks of amenorrhea. Patient with chronic hypertension with superimposed preeclampsia on therapy. IUGR. PA 160/100

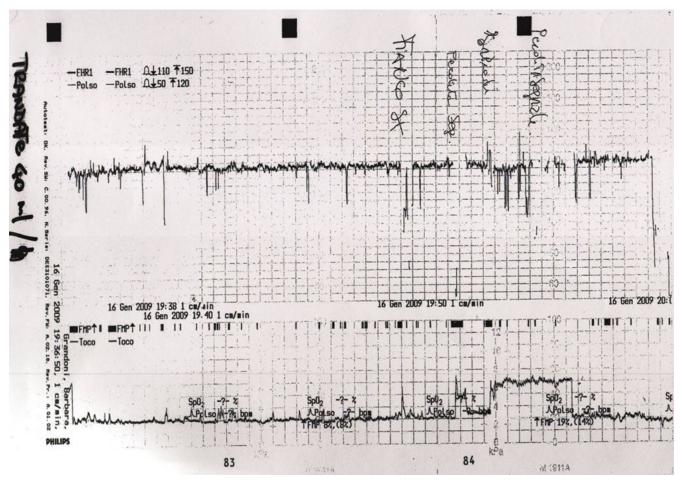


Figure 14

- h 7:30 pm to 7:50 pm. Figure 23.35
- CTG: Chronic hypoxia preexisting to pregnancy. Hyporeactive CTG with absence of variability and acceleration.
- h 20:00: Urgent cesarean section.

### **NEONATE**

Male sex, weight 1,220 g.

Apgar: 1'-3; 5'-4

# Hemogasanalysis

Artery: pH 6.98; dBasi -14 mmol/L.

Metabolic acidosis and neonatal RDS.

Histological examination of placenta:

- Umbilical cord length 23 cm.
- Placenta weight: 268 g
- Diagnosis: dysmature placenta with relative deficit of terminal villi. Caliber of funiculus reduced.

# **Clinical Case 5**

Ms. J.L. Age 27 years.

Diagnosis on admission: I pregnancy at 39+3 weeks of amenorrhea. Prodromes of childbirth labor.

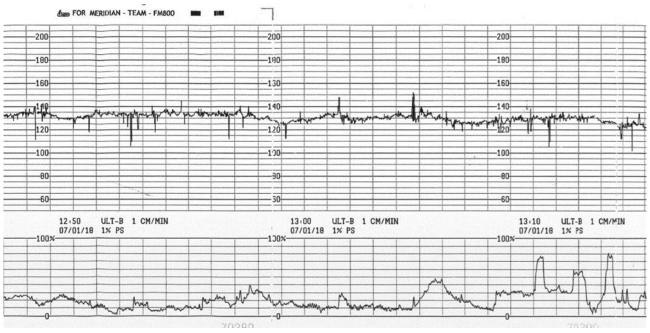
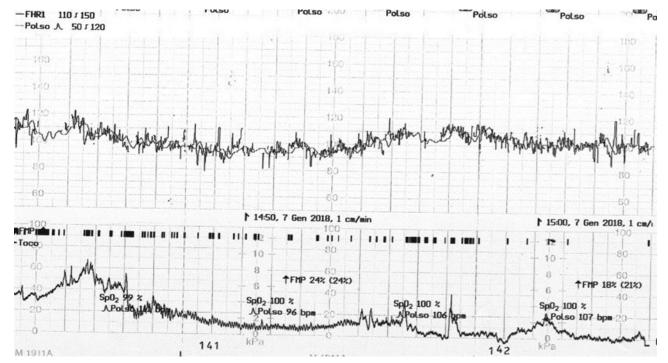


Figure 15

- Hours: 12:28 pm until 1:25 pm (Figure 15)
- CTG: baseline 140, accelerations absent, variability reduced, typical of chronic hypoxia
- h 14:11, VO: regular vagina, uterine neck centralizing, shortened to 1/2, dilatation 3-4 cm, cephalic pp -2.



### Figure 16

- 14:45 h Figure 16:
- CTG: Confirmation of previous CTG picture with baseline lowering and onset of severe bradycardia (90bpm).
- Doppler echo is performed with finding of bradycardia with no flow in diastole.
- h 15:15 Caesarean section is performed with extraction of male infant sex, dead, weight 4kg.

### **NEONATE**

Male sex, weight 3,950g

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- Artery: pH 6.7; pCO2 118 mmHg; pO2 3.8 mmHg; dBase -20.3 mmol/L.
- Vein: pH 7.1; pCO2 43.0 mmHg; pO2 133 mmHg; dBasi -13.6 mmol/L.

Comment: presence of pre-existing chronic hypoxia on admission so it appears vital to avoid the onset of further hypoxic stress. After 60 minutes of hyporesponsive CTG it appeared appropriate to proceed with immediate extraction of the fetus. Caesarean section was performed about two hours later with extraction of fetus deceased in the peripartum period.

Autopsy: male fetus with body development as per 2. 40th gestational week with mild signs of macrosomia. Voluminous isolated vascular neoformation a type of hemangioma liver with aspects of blood congestion, without aspects of rupture. Exfoliation tetracavitary heart with marked coronary artery congestion and lesions evolving ischemic infarcts. Congestion and multiorgan hemorrhagic extravasa-3. tion most evident at adrenal, renal, thymic, pulmonary, and meningeal levels.

Morphologic features consistent with high-flow congestive heart failure. No additional visceral, skeletal, or episkeletal malformative changes.

### **HISTOLOGY**

Macroscopic: weight 670 g. Numerous areas of ischemic distress occupying 60% of placental parenchyma.

## Microscopic:

- Crowded villi, hypermature compared to age, irregular branching, presence of immature villi (features of "delayed placental maturation")
- thickened stem villus vessels
- terminal villi vessels congested, microangiosis.

**Diagnosis:** placenta with adaptive changes to chronic hypoxic state. Villi alterations compatible with even latent maternal dysmetabolic state.

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